



Pethers Rainforest Retreat

28B Geissmann Street North Tamborine,
QLD 4272

Phone: (07) 5545 4577 Mobile: 0417 454 577

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ABN 88092063119

MASSAGE

Rejuvenate mind, body and spirit with a relaxing Massage, Reflexology or Aromatherapy treatment. Your treatment is conducted by a qualified, experienced therapist in the comfort and privacy of your Treehouse. All products used are 100% pure, natural and freshly prepared for your treatment.

We have a variety of options for you to choose from, all of which can be adjusted to suit you on the day. Any duration, combination is possible, your therapist is happy to assist.

Relaxation massage:

A gentle, soothing full body massage that eases all stress from the body by reducing muscle tension and, creating a balance and a feeling of general well-being.

Remedial or Deep Tissue massage:

Deep tissue massage moves down a few layers to release deep seated muscular aches and pains, freeing up those persistent tight spots. Specific areas are concentrated on or the whole body if needed.

(60 mins) \$90.00
(90 mins) \$115.00

Aromatherapy massage:

This is the ultimate pampering package where a personal blend of essential oils is created to suit your needs. Included in this treatment is a soothing body, head and facial massage. A clay facial mask is applied, followed by the application of a toner and aromatherapy moisturiser.

This is a wonderful combination of beautiful aromas and a soothing massage.

(Michelene Arcier technique)

(90 mins) \$125.00

Aromatherapy Facial massage:

This treatment includes a head massage, followed by a facial massage using a jojoba based blend of essential oils. A clay face mask is then applied to draw out impurities and soften and smooth the skin. This is followed by the application of a floral toner and a light moisturiser.

Also included is your choice of a foot or hand massage whilst the mask is doing its work!

(45 mins) \$80.00



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Reflexology:

Bare the soles of the feet for a relaxing, yet stimulating experience. Firm pressure is applied to all reflex points located on the feet. This stimulates circulation and promotes the natural healing responses to all parts of the body. Reflexology induces an extremely relaxed state.

(45 mins) \$80.00

Foot spa package:

Your treatment begins with a fizzy foot bath which relaxes and softens the feet. Lemon Essential oil is added to cleanse and stimulate the blood flow to the feet. An exfoliation follows using a salt based foot scrub, leaving the feet tingling, cleansed and alive.

Then put the feet up for a full 45 minute Reflexology treatment (as above).

The application of a cooling Peppermint foot spray completes the treatment, leaving the feet refreshed, relaxed and light as a feather.

(65 mins) \$95.00

Salt Glow Massage:

This package includes a 60 or 90 minute massage of your choice.

On completion a Salt glow treatment is applied to the back and feet to exfoliate and leave the skin smooth, fresh and glowing.

A bath infused with relaxing essential oils and sea salts will then be prepared for you to relax in as long as you wish.

Total 75 mins (with a 60 min massage) \$110.00

Total 105 mins (with a 90 min massage) \$130.00

Yoga in your Treehouse is also available on request for couples or one-to-one.

Massage/Yoga packages can also be arranged.

60 min yoga only \$80.00

Hot Stone Massage

A combination of essential oils is applied to heated stones, that are used to rhythmically massage the whole body. The heat and warmth from the stones penetrates deep into the muscles, relaxing and dissolving tension. Stones are then laid down either side of the spine while the backs of the legs are massaged.

A very warming and nurturing experience

60 mins \$100.00

90 mins \$130.00

Pampering Package

Can't decide which treatment to choose?

Our combination package gives you the opportunity to experience three different treatments in one.

You will have a 30 – minute massage , and 30 – minute mini facial and a 30 – minute reflexology.

90 min

\$125.00

It is recommended that all bookings are made in advance to avoid disappointment and to allow for the preparation of products for your treatment. Please notify reception if you need to alter your booking as a cancellation fee applies when less than 24 hours notice is given.

When more than one booking is made in advance (more than 24 hrs) you will receive a complimentary bath infused with relaxing essential oils and sea salts.